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## ABSTRACT OF THE INVENTION

This invention is directed to methods for improving functional health status in a patient in need thereof which comprises administering a growth hormone secretagogue, a prodrug thereof or a pharmaceutically acceptable salt of said secretagogue or said prodrug. More preferably, the present invention provides such methods wherein the growth hormone secretagogue is a compound of Formula I:

HET 
$$\stackrel{*}{\underset{R^3}{\bigvee}}$$
  $\stackrel{\circ}{\underset{R^6}{\bigvee}}$   $\stackrel{\circ}{\underset{R^8}{\bigvee}}$   $\stackrel{\circ}{\underset{R^8}{\bigvee}}$  ,

a prodrug thereof or a pharmaceutically acceptable salt of said secretagogue or said prodrug.